

Healthy Insights

Issue No. 3

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Ask questions, get more involved in your health care

According to the Agency for Healthcare Research and Quality (AHRQ), patients who have a good relationship with their health care providers are more satisfied and happier with the care they receive.

Your health care provider plays an important role in your quality health care. You can help make the most of this relationship.

Following are some tips for talking to your doctor:

- Give your doctor a complete medical history, including symptoms, medications, and allergies.
- Get information about your condition, including its effects or if you have any other conditions you have or are taking.
- Understand why you are taking a medication and how you can stay healthy and reduce the risk of complications.
- Choose a high quality health care provider.

Use the following questions to help you make a list of questions to take to your doctor. Prevent Medical Errors. Patient and Family Checklist.

Consumers an electronic

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